



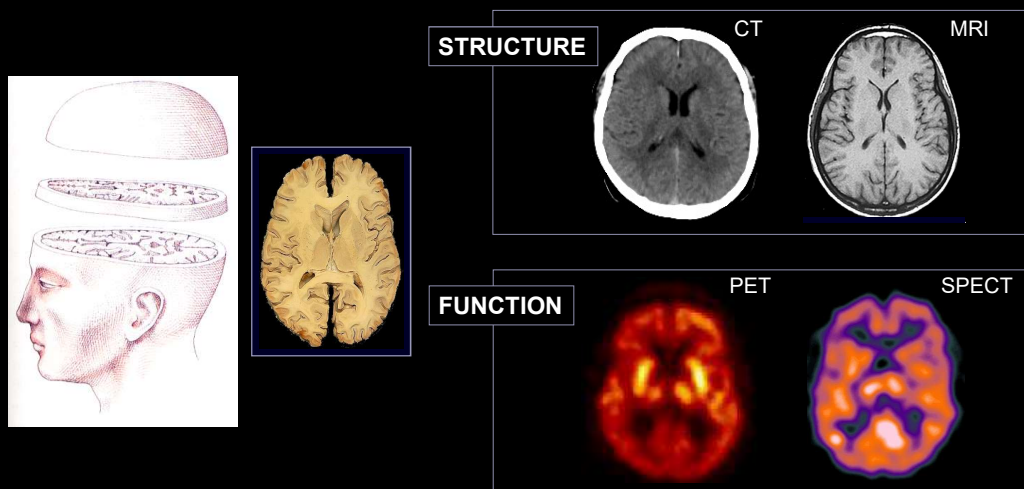
Introduction to Positron Emission Tomography

Mohammad Reza AY, PhD

Professor

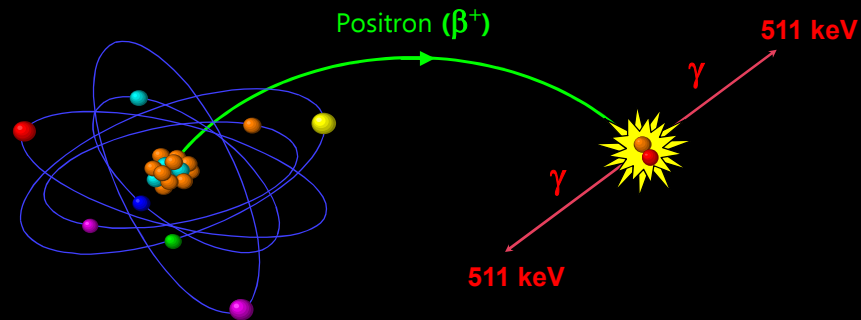
*Head of Department of Medical Physics and Biomedical Eng, Tehran University of Medical Imaging and
and
Senior Researcher, Division of Nuclear Medicine, Geneva University Hospital, Geneva, Switzerland
and
Director of National Brain Mapping Laboratory*

Structural & Functional Imaging



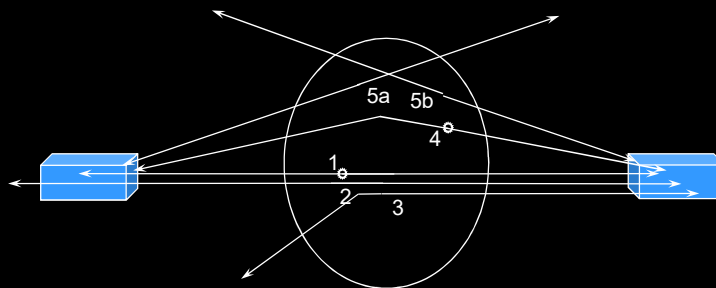
Nuclear Medicine is to physiology as Radiology is to anatomy

PET Physics: Positron Decay



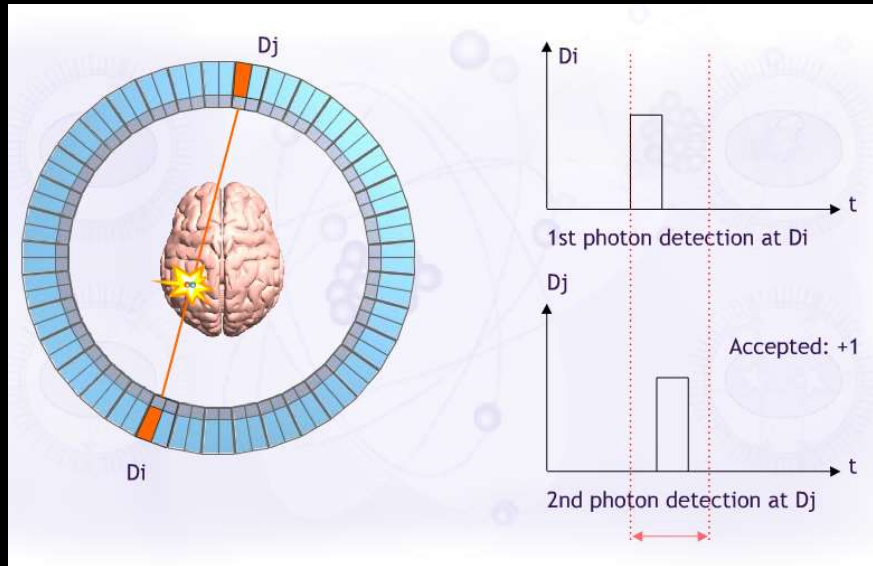
*The radioisotope emits a positron.
The positron produced interacts with an electron. A reaction transforms the two particles into two photons of 511 keV emitted in exactly opposite directions.*

Coincidence Events

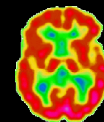
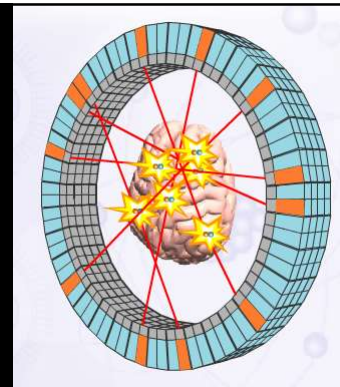
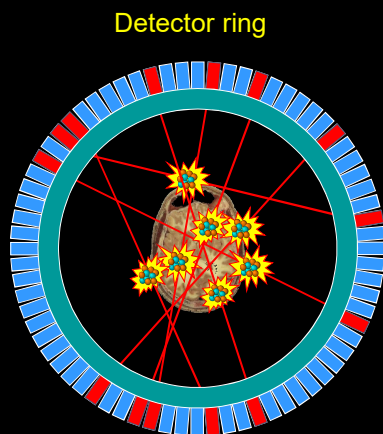


1. **Detected True Coincidence Event**
2. **True Event Lost to Sensitivity or Deadtime**
3. **True Event Lost to Photon Attenuation**
4. **Scattered Coincidence Event**
- 5a,b. **Random Coincidence Event**

Coincidence Detection



PET data acquisition

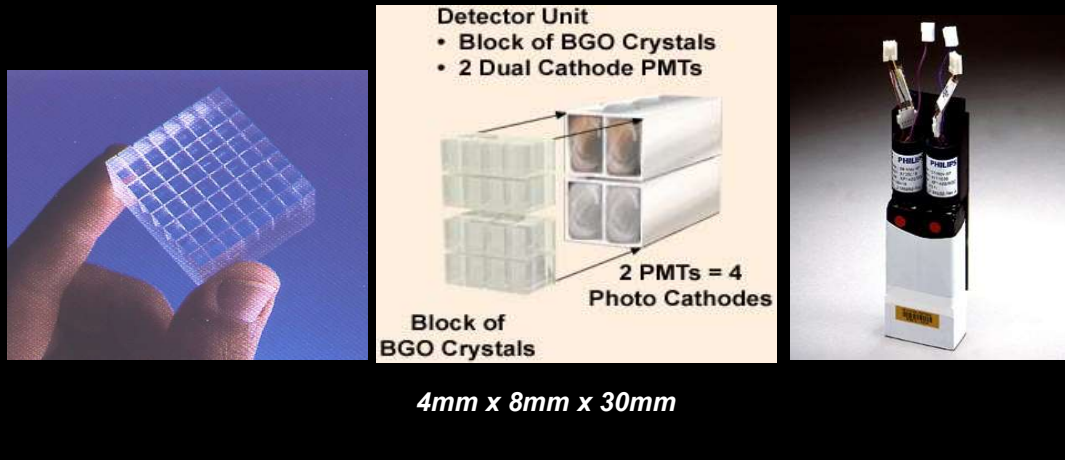


The response lines joining the detector pairs having recorded coincidence events are used for clinical data

PET = Positron Emission Tomography

The Block Detector

The detector block consists of a block of BGO crystals in front of a set of PMT's

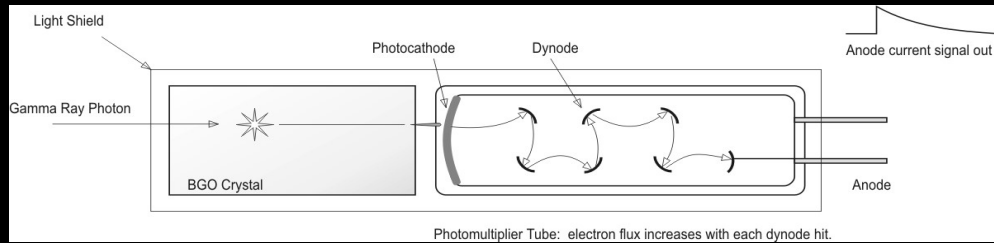


Detectors for PET

Scintillator	BGO	LSO	GSO	LuAP	LaBr ₃	LYSO
Formula	Bi ₄ Ge ₃ O ₁₂	Lu ₂ SiO ₅ :Ce	Gd ₂ SiO ₅ :Ce	LuAlO ₃ :Ce	LaBr ₃ :Ce	LuYSiO ₅ :Ce
Density (g/cc)	7.13	7.4	6.71	8.34	5.3	7.1
Light yield (photons/keV)	9	25	8	10	61	32
Effective Z	75	66	60	65	46.9	64
Principal decay time (ns)	300	42	60	18	35	48
Peak wavelength (nm)	480	420	440	365	358	420
Index of refraction	2.15	1.82	1.95	1.95	1.88	1.8
Photofraction (%)*	41.5	32.5	25	30.6	15	34.4
Attenuation length (cm)*	1.04	1.15	1.42	1.05	2.13	1.12
Energy resolution (%)*	12	9.1	7.9	11.4	3.3	7.1
Hygroscopic	No	No	No	No	Yes	No

*@ 511 keV

Crystal and Photomultiplier Tube



Tubes? Why are we using tubes?

- High Gain (>1,000,000)
- Low-noise signal
- Fast timing response
- Small timing variance



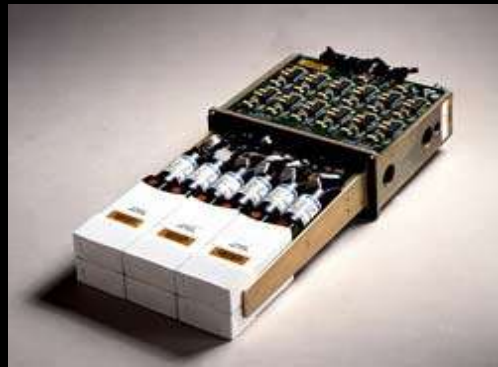
PET DETECTOR BLOCKS

Scintillation

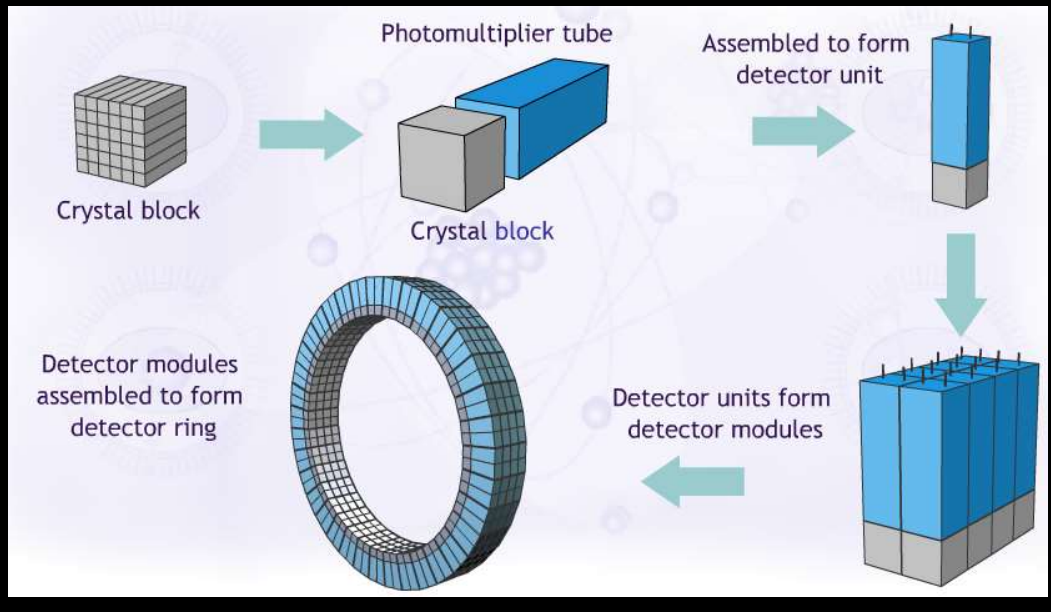
Conversion in the PMT

Amplification with the dynodes

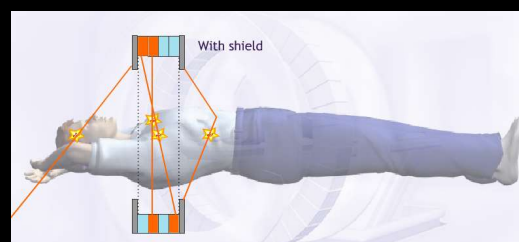
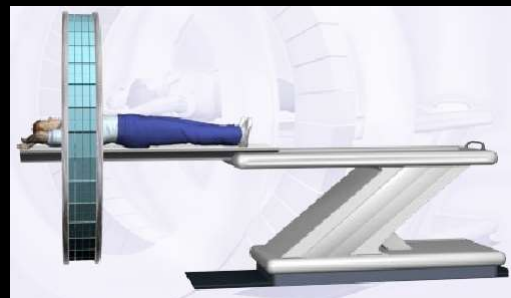
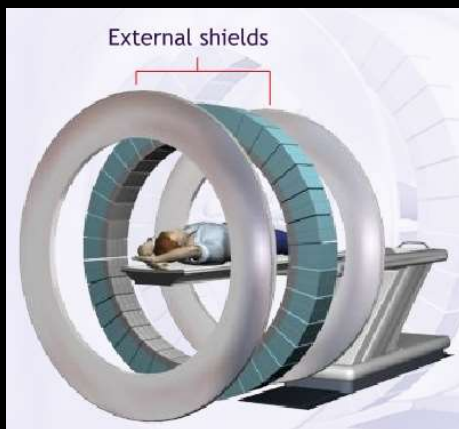
A low level current output signal



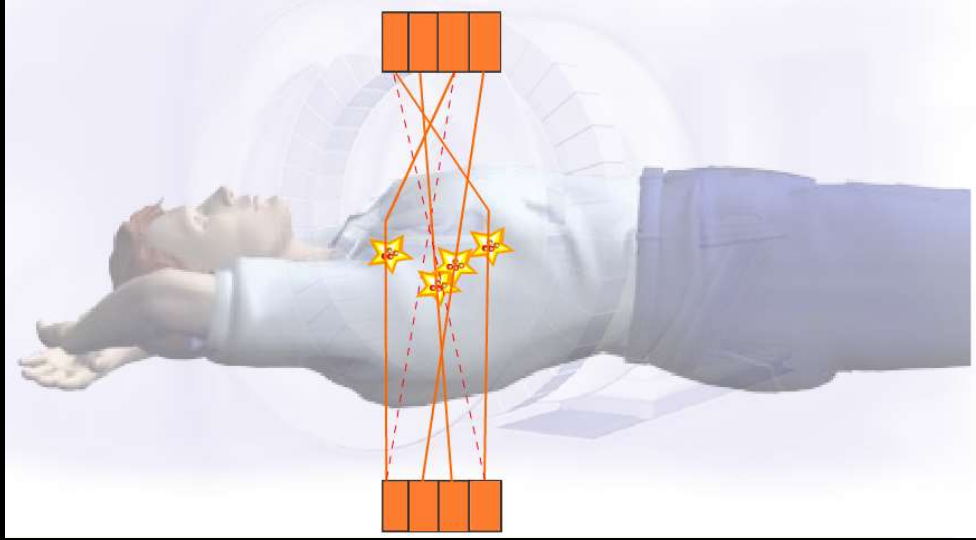
Detector Ring



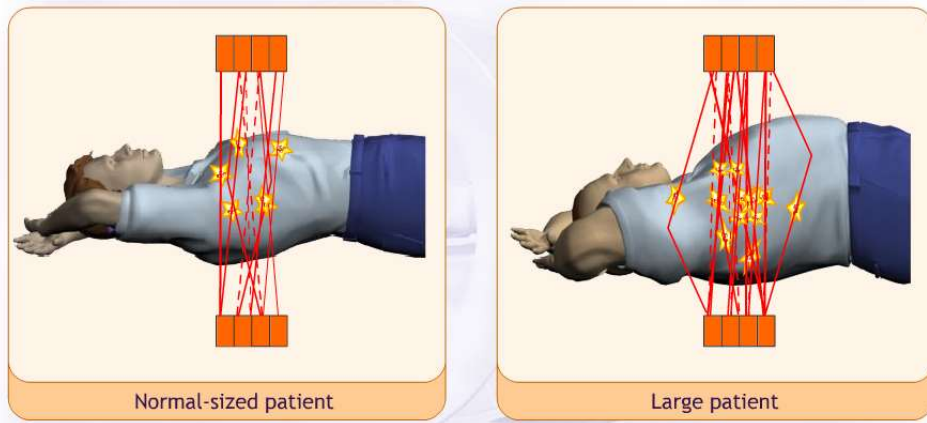
PET Detection External Shield



3D Data Acquisition

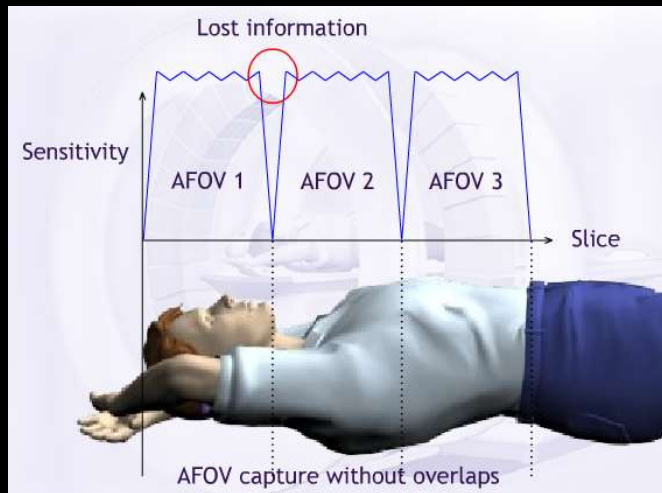


Influence of Patient Size



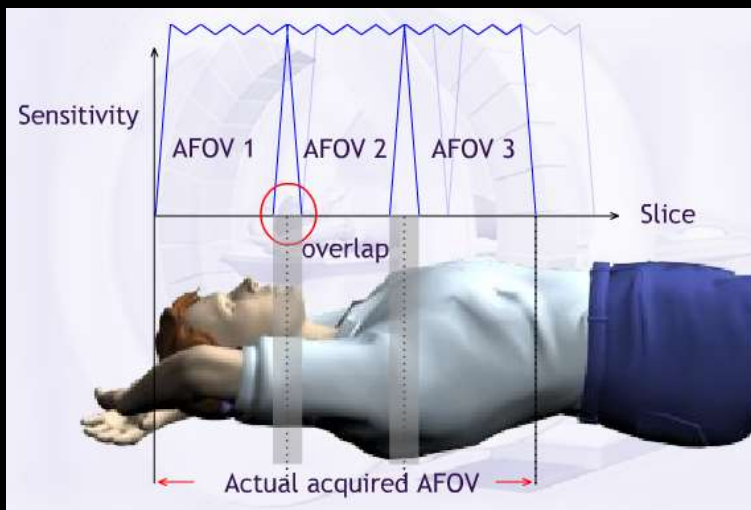
Large patients tend to have an increased number of random and scatter events due to their complex anatomical structure. This is also observed when high dose has been injected.

Data Collection



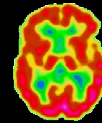
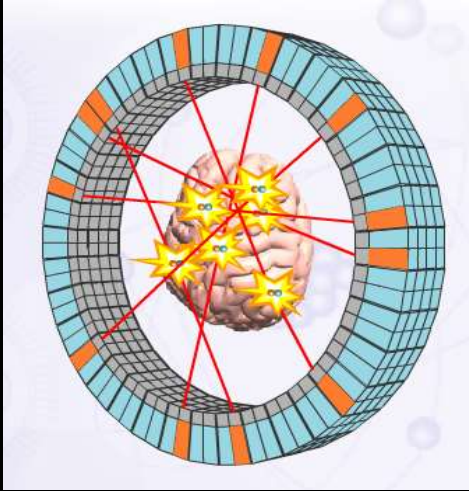
While taking slices, there is normally a loss of information at the boundary between two AFOVs. So, when scanning several AFOVs, you need to overlap them in order to have completeness and uniformity over the acquisition area.

Data Collection (Overlap Bed Position)



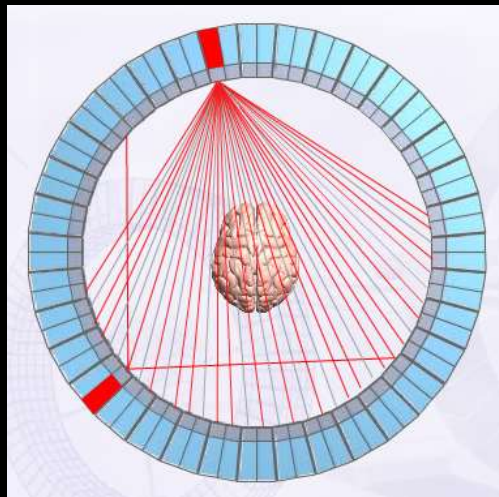
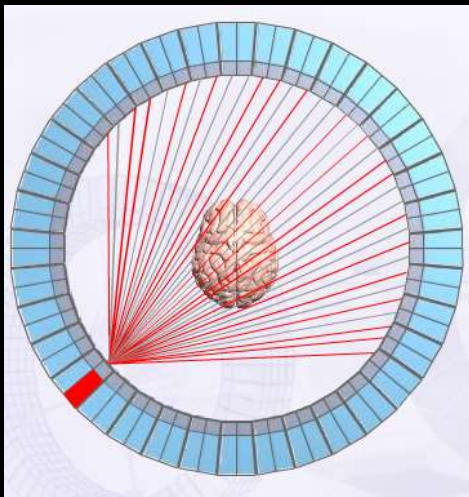
While taking slices, there is normally a loss of information at the boundary between two AFOVs. So, when scanning several AFOVs, you need to overlap them in order to have completeness and uniformity over the acquisition area.

Line of Response Concept



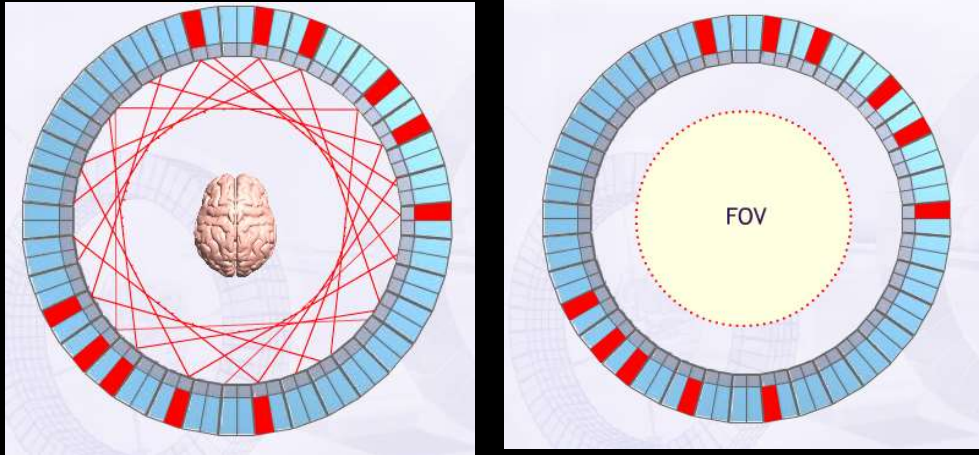
The response lines joining the detector pairs having recorded coincidence events are used for clinical data reconstruction

LOR and Acceptance Angle



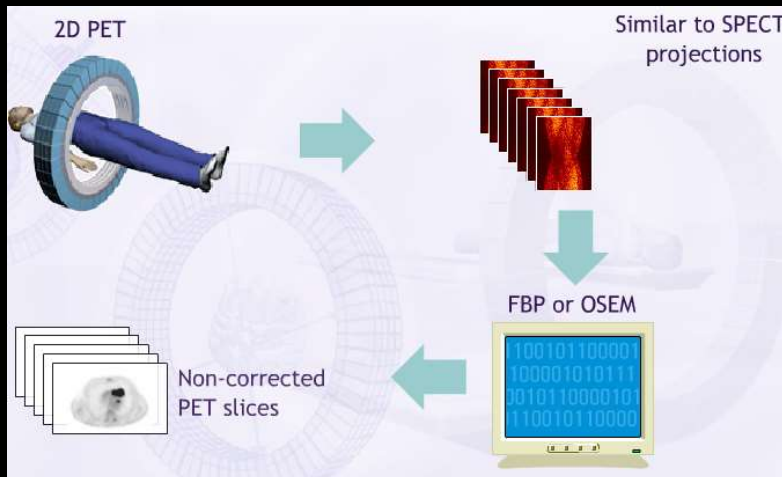
For every detector, events are searched within a range of opposite detectors

Trans Axial FOV



The FOV results from checking the LORs in all the detectors.

Reconstruction of 2D Acq



Because 2D sinograms are similar to SPECT projections, you can use FBP or OSEM to create PET slices. These slices can be attenuation-corrected or non-corrected. OSEM is recommended in routine oncology.

Image Reconstruction

PET uses a reconstructive technique, using an array processor (AP) to take the sinograms and reconstruct the image. Imagine the computer drawing all the LOR's it created, and then putting a dot at where the LOR's intersect. This is done in two steps:

Preprocessing: This step makes corrections to the data for physics induced errors.

Backprojection: The mathematical process of estimating the distribution of the radiopharmaceutical from a set of projections.

The reconstruction process has heavy computation demands. After it's all done, the image is ready for the operator's console.



Reconstruction Software

There are two ways to improve the back-projected reconstruction:

- Filtering
- Iteration

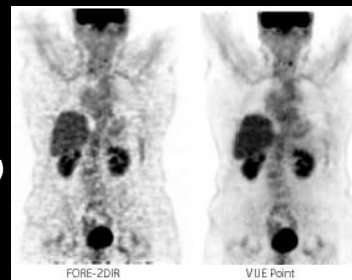
Filtered Back-Projection (FBP)
Iterative Reconstruction

Iterative Reconstruction

There are many types of Iterative Reconstruction methods. All the early CT reconstructions were iterative before Filtered Back-projection became standard. For SPECT and PET studies the most widely recommended type is the

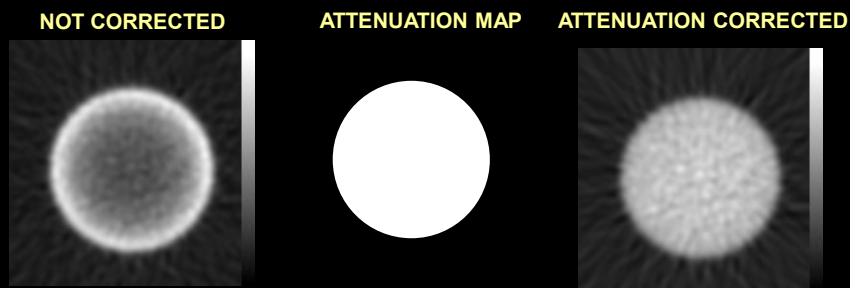
Maximum Likelihood family, using the Expectation Maximization algorithm (*ML-EM*)

A major attraction of this algorithm is its simplicity



Photon Attenuation

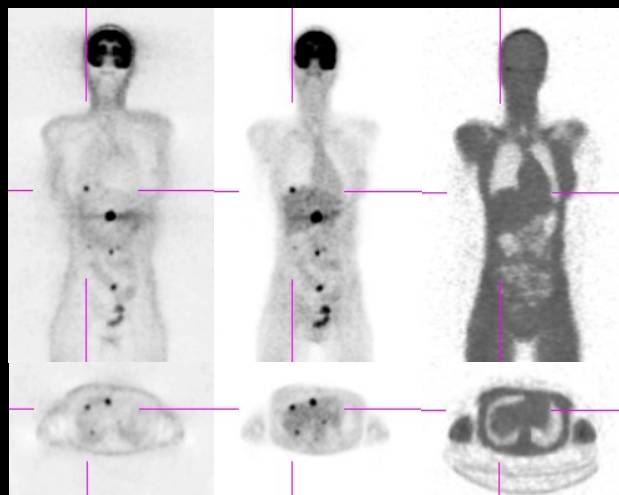
- Generate inaccurate Activity Distribution
- Decrease Lesion Detectability
- Produce Image Artifacts
- Decrease Image Quality



Zaidi and Hasegawa (2003) *J Nucl Med* 44: 291-315

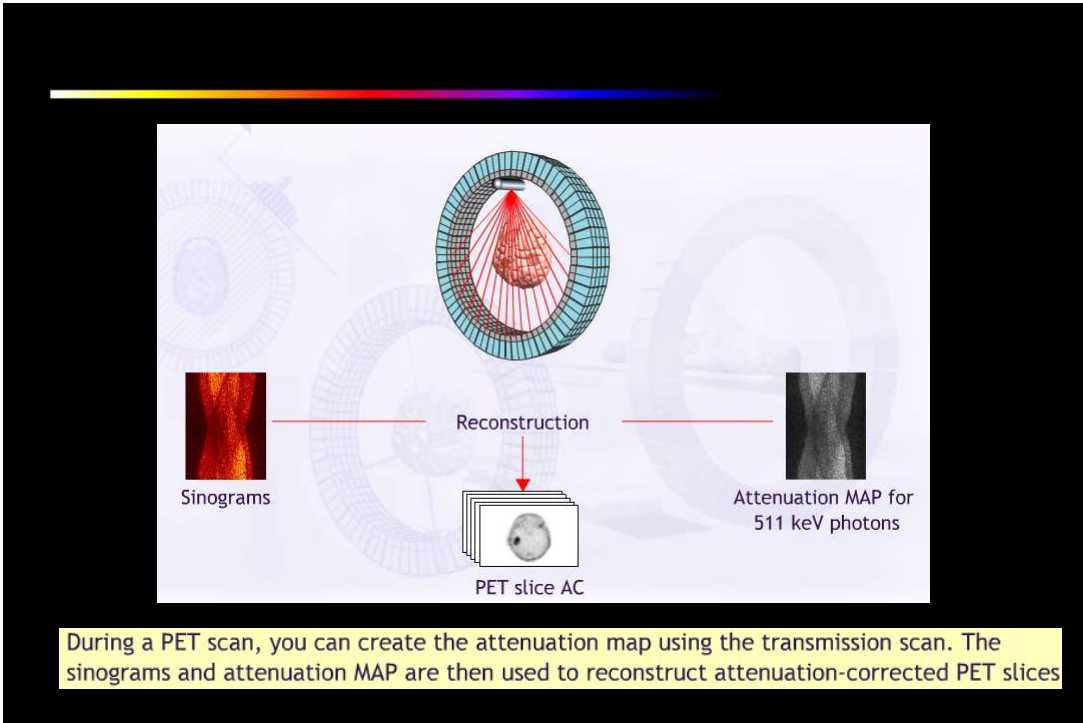
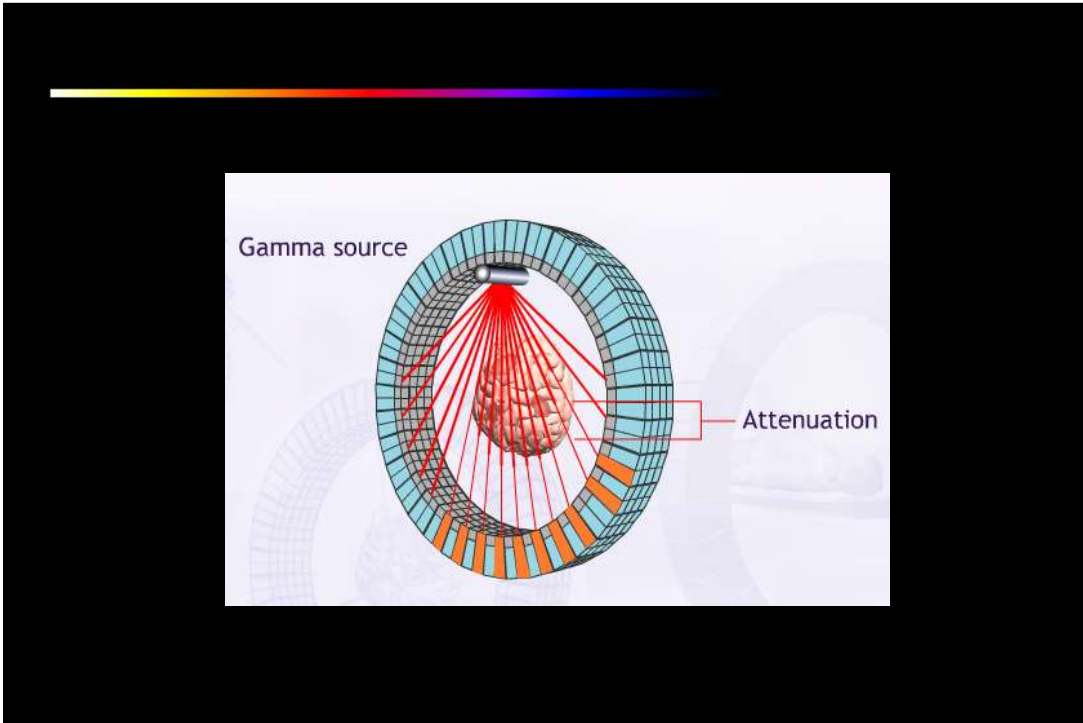
AC or not AC?

no atten. corr. with atten. corr. attenuation map



Attenuation correction:

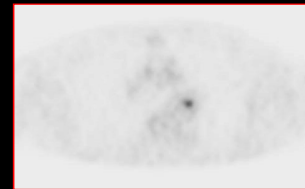
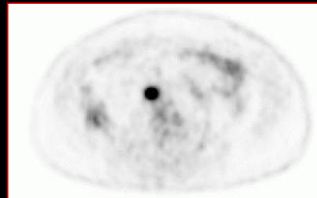
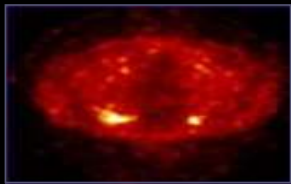
- improves localization
- no effect on lesion detection???



During a PET scan, you can create the attenuation map using the transmission scan. The sinograms and attenuation MAP are then used to reconstruct attenuation-corrected PET slices

Limitation of Functional Imaging

- **LIMITED SPATIAL RESOLUTION**
- **POOR SIGNAL TO NOISE RATIO**
- **POOR UPTAKE TO THE RADIOTRACER IN THE DISEASED CONDITION**



REGISTRATION WITH AN ANATOMICAL IMAGE CAN BE USEFUL.....

Conventional Off-Line Image Fusion

THE FIRST OFF LINE IMAGE FUSION IN NUCLEAR MEDICINE WAS REPORTED BY KUHLMAN IN 1966. THEY OVERLAYING GAMMA CAMERA IMAGE WITH THE CHEST X-RAY IMAGE AND DRAWING THE BOUNDARIES OF THE DIAFRAGM.



FUSED BY H.N. Wagner IN 1968



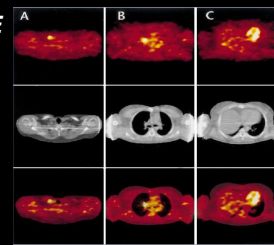
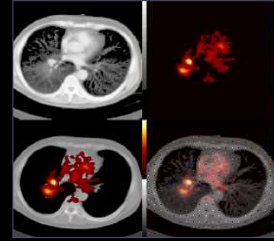
Computerized Off-Line Image Fusion

WITH INTRODUCING THE COMPUTER IN 1970s THE OFF-LINE IMAGE FUSION DEVELOPED:
IN THE BEGINNING OF 1980s COMPUTERIZED REGISTRATION ALGORITHM WERE DEVISED

A MAJOR STEP FORWARD IN IMAGE REGISTRATION CAME IN THE FIRST HALF OF THE 1990s WITH DEVELOPMENT OF FULLY AUTOMATIC REGISTRATION ALGORITHM

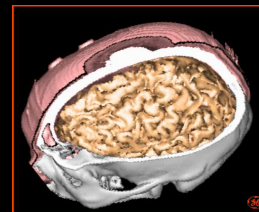
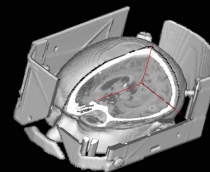
A SIGNIFICANT BREAKTHROUGH IN THE MID 1990s WAS THE DEVELOPMENT OF IMAGE ALIGNMENT AND REGISTRATION ALGORITHMS BASED ON ENTROPY THEORY

RAPID ADVANCES IN POWER OF COMPUTER TECHNOLOGY INCREASES THE USE OF COMPUTERIZED OFF-LINE FUSION



Off-Line Fusion Disadvantage

- IT IS VERY SENSITIVE TO PATIENT MOTION
- IT IS TIME CONSUMING METHOD
- IT IS ONLY ACCURATE FOR RIGID ORGANS SUCH AS BRAIN
- THIS METHOD USE ONLY FOR IMAGE REGISTRATION, NOT CORRECTION



BECAUSE OF THIS PROBLEMS THE RESERCHERS TRY TO DESIGN A SYSTEM FOR ON LINE FUSION

Outline

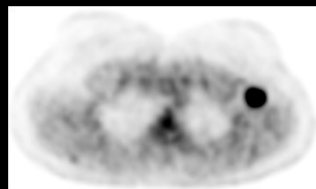
- ➡ PET PHYSICS & INSTRUMENTATION
- ➡ LIMITATIONS OF QUANTITATIVE 3D PET IMAGING
- ➡ OFF-LINE IMAGE FUSION
- ➡ **DUAL-MODALITY IMAGING: PHYSICS & INSTRUMENTATION**
- ➡ SOURCES OF ERROR AND ARTIFACTS IN CTAC
- ➡ FUTURE DEVELOPMENTS IN FUNCTIONAL IMAGING

Medical imaging techniques

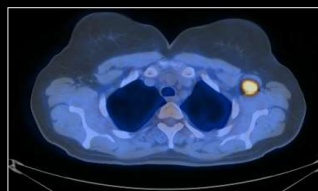
Anatomical



Functional



Hybrid

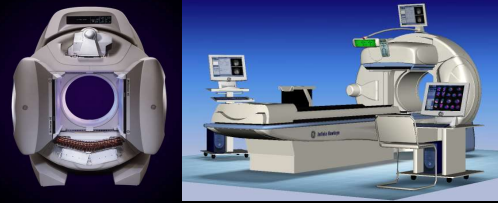


History of dual-modality imaging

SPECT/CT

The first prototype SPECT/CT was built by B. Hasegawa in 1990

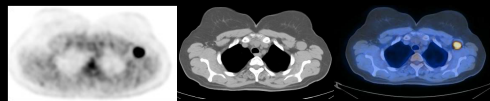
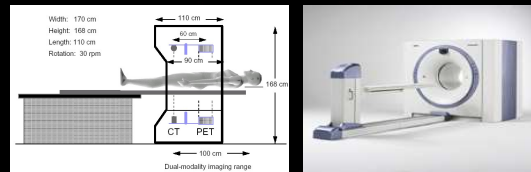
The first commercial SPECT/CT was installed in 1999



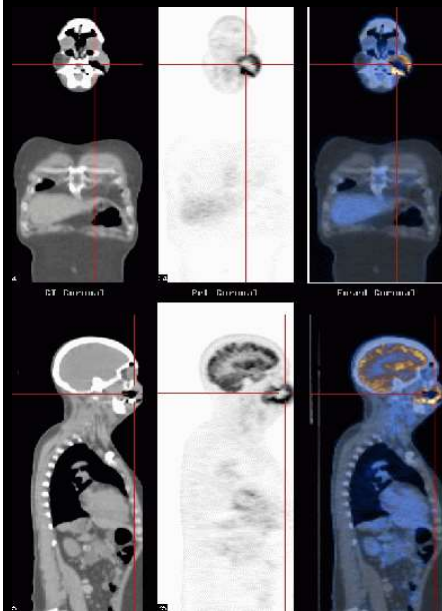
PET/CT

The first prototype system was built by D. W. Townsend in 1998

The first commercial PET/CT was installed in 2000



Why PET/CT?



• **2x Faster exam: use CT**
Transmission for AC

• **Increased detection & Localization accuracy**

PET images intrinsically registered to CT images

• **Reduced operating cost**

Faster throughput, use as stand alone CT

• **PET IQ improvement**

Reduce contamination from scattered photons by using low-noise CT data for PET images reconstruction

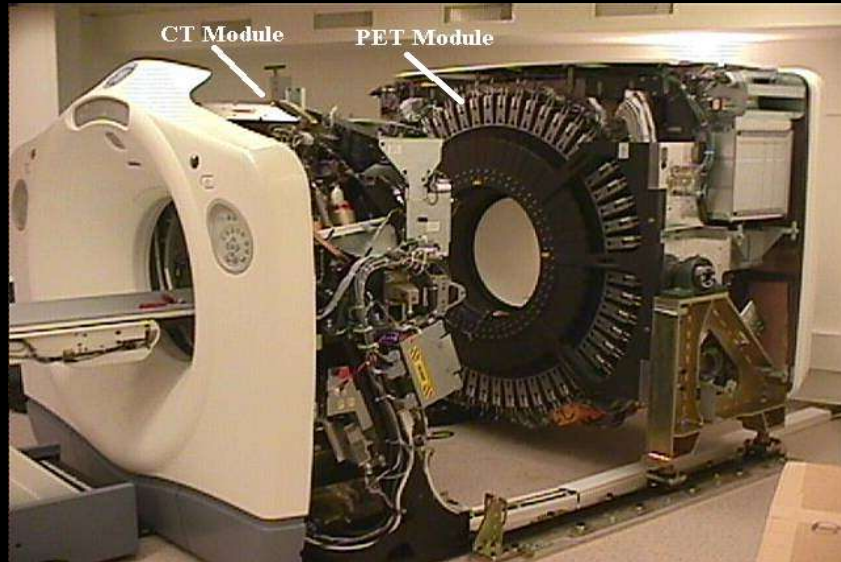
• **Easier PET reading**

Accelerates PET reading proficiency build up

• **Better RT & surgery planning**

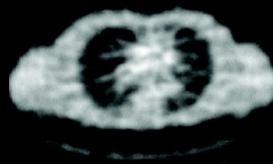
Direct input to RTP and surgery planning

Current dual-modality PET/CT systems

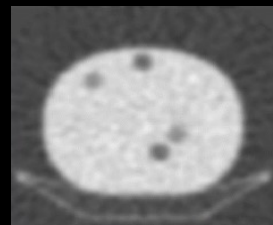


Transmission-based attenuation correction

Radionuclide Transmission Scanning (511 keV)



30 min Rod Sources

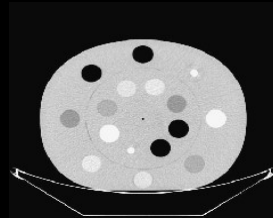


30 min Rod Sources

X-ray Transmission Scanning

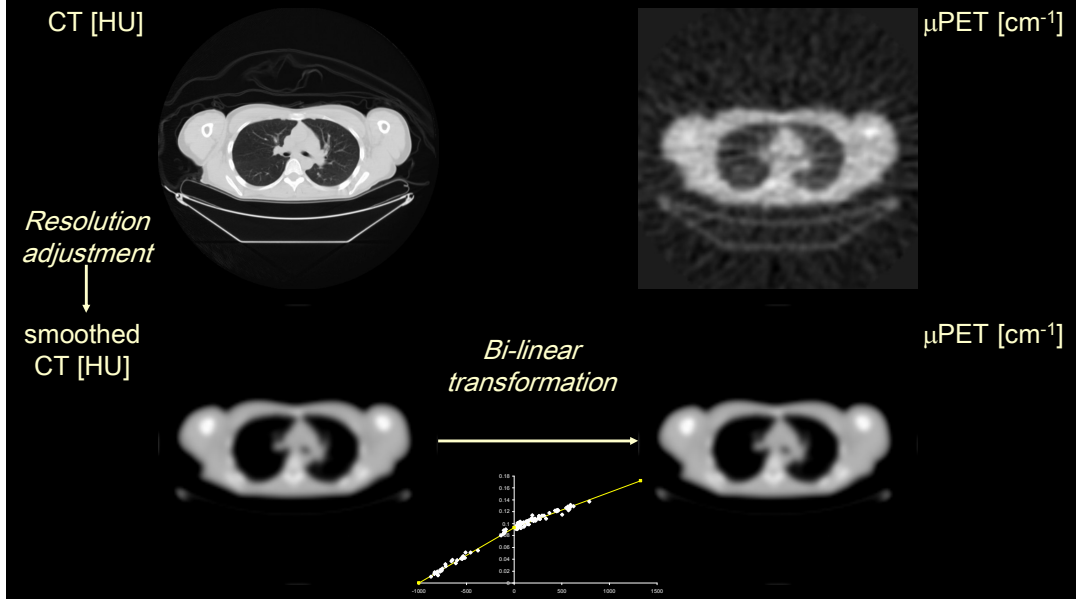


10 sec CT

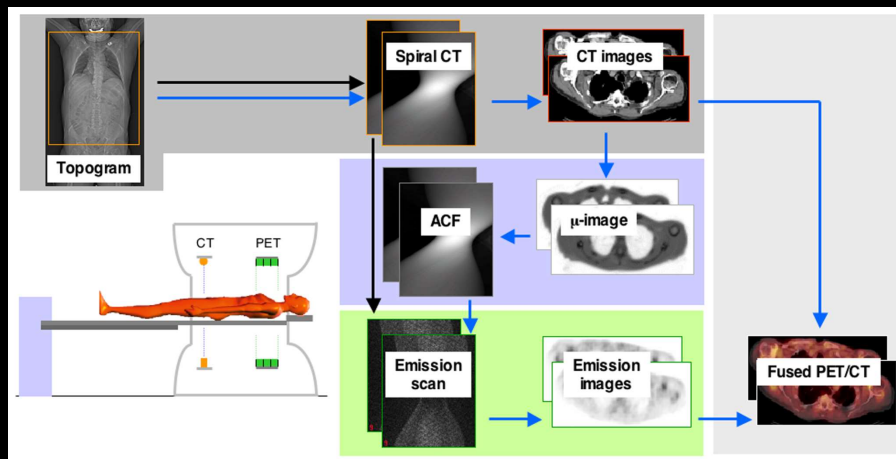


10 sec CT

CT-based attenuation map



PET/CT scanning protocol



ACF = 3D Forward Projection of Attenuation Map (μ map)
 AC-Scan = Non-AC Scan \times Attenuation Correction Factors (ACF)

Courtesy: Dr. Beyer



Important Parameters on PET/CT

Mohammad Reza AY, PhD

*Department of Medical Physics, Tehran University of Medical Sciences, Tehran, Iran
Division of Nuclear Medicine, Geneva University Hospital, Geneva, Switzerland*

Detector Requirements

Goal

High Spatial Resolution

High Sensitivity

Low Scatter Fraction

Low Randoms

Low Deadtime (High Livetime)

Low Cost

Requirement

Small Detector Elements

High Photofraction

High Stopping Power

Large Area of Crystal (angle)

Good Energy Resolution

Good Timing Resolution

Fast Event Handling

Small Channel Size

Limited Multiplexing

None of the Above

Detectors for PET

Scintillator	BGO	LSO	GSO	LuAP	LaBr ₃	LYSO
Formula	Bi ₄ Ge ₃ O ₁₂	Lu ₂ SiO ₅ :Ce	Gd ₂ SiO ₅ :Ce	LuAlO ₃ :Ce	LaBr ₃ :Ce	LuYSiO ₅ :Ce
Density (g/cc)	7.13	7.4	6.71	8.34	5.3	7.1
Light yield (photons/keV)	9	25	8	10	61	32
Effective Z	75	66	60	65	46.9	64
Principal decay time (ns)	300	42	60	18	35	48
Peak wavelength (nm)	480	420	440	365	358	420
Index of refraction	2.15	1.82	1.95	1.95	1.88	1.8
Photofraction (%)*	41.5	32.5	25	30.6	15	34.4
Attenuation length (cm)*	1.04	1.15	1.42	1.05	2.13	1.12
Energy resolution (%)*	12	9.1	7.9	11.4	3.3	7.1
Hygroscopic	No	No	No	No	Yes	No

*@ 511 keV

What Makes a PET Scanner Better ?

Image Quality

Counts - Sensitivity

Resolution

Low Noise (Scatter, Randoms, Lots of Counts)

Throughput

Setup Time

Sensitivity (Count/Sec)

Transmission Scan Time

Processing Time

Flexibility To Perform ALL Studies

Cost

Purchase/Lease Costs

Maintenance Costs

FDG Dose Required

PET Performance

Resolution, Sensitivity, Scatter Fraction, Count-rate

Resolution How big does a 1 mm source appear to be. Limits ability to see edges. Impacts ability to detect, and define the shape of, small objects.

Sensitivity How much information is collected per unit time from a given quantity of tracer. Primary determinant of signal-to-noise level. Principal limitation on ability to locate small foci.

Scatter Fraction What fraction of the data collected is scatter (bad data). Degrades signal-to-noise.

Count Rate Performance As the tracer dose is increased, how much more information is collected.

(Physical Performance defined by NEMA standards for PET)

Spatial Resolution

Resolution, Sensitivity, Scatter Fraction, Count-rate

Resolution How big does a 1 mm source appear to be. Limits ability to see edges. Impacts ability to detect, and define the shape of, small objects.

Spatial resolution is measured according to NEMA NU2-2007, reporting performance from data reconstructed with filtered back-projection algorithm

Transaxial Resolution		
Radial position of line source	1cm	10cm
FWHM (mm)	4.9	5.5

Axial Resolution		
Radial position of line source	1cm	10cm
FWHM (mm)	5.6	6.3

How Important is the Resolution?

Respiratory Motion Challenge

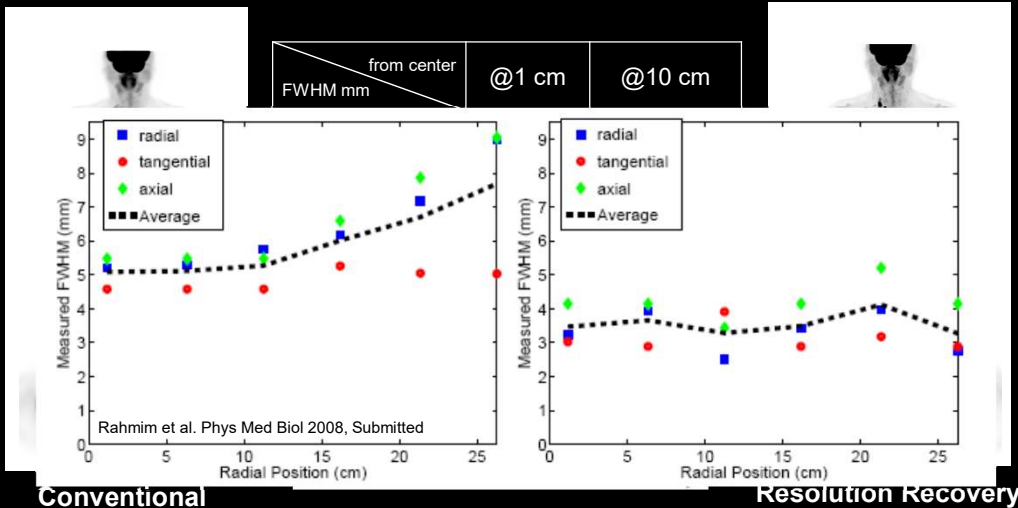


Factor	FWHM Contribution
Positron range	0.5 (tissue) – 1.5mm (lung) ¹
Positron non-collinearity	1-2 mm
Detector size & sampling	2-3 mm
Reconstruction filter	2-7 mm
Displayed pixel size	2-4 mm
Effective Clinical Resolution	4–10 mm (3 - 3.3 mm with RR)
Respiratory Motion	10-50mm

1. Sánchez-Crespo, et al. "Positron flight in human tissues and its influence on PET image spatial resolution", Eur J Nucl Med, Vol 31, Iss 1, Jan 2004, pp 44-51.

**Patient Motion is
The Resolution limiting factor in PET**

Resolution Recovery Reconstruction



Precise system modeling providing optimum image resolution

Image courtesy of Mayo Clinic

Sensitivity

Resolution, Sensitivity, Scatter Fraction, Count-rate

Sensitivity How much information is collected per unit time from a given quantity of tracer. Primary determinant of signal-to-noise level. Principal limitation on ability to locate small foci.

System Sensitivity (Trues ³)	7.0 cps/kBq
Peak NECR	130 kcps @27 KBq/ml

³Using ring difference of +23. Average of 0 cm and 10cm off Axis.

Noise Equivalent Count Rate (NECR)

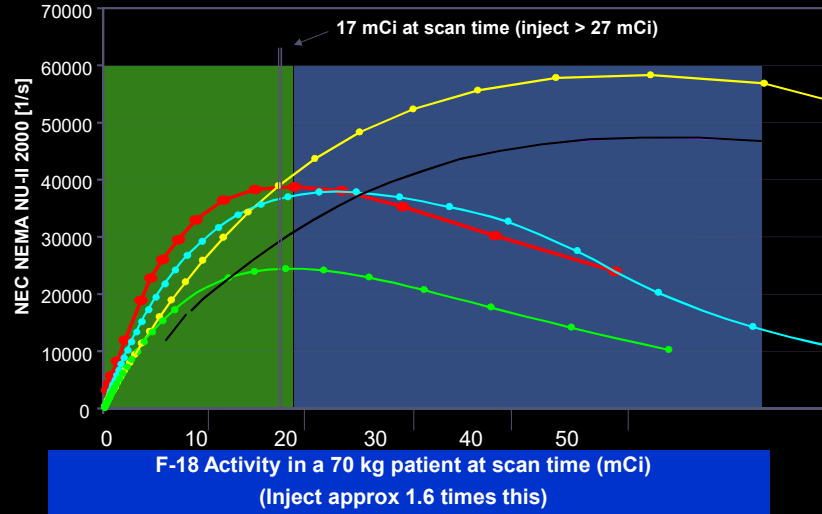
NECR is computed from count rate data as:

$$NECR = \frac{T^2}{T + S + kR}$$

- *T is trues*
- *S is scatter*
- *“k” represents the means of randoms correction*
 - *k=2 for randoms by delayed event channel*
 - *k=1 for randoms from singles*

NECR is the closest numerical measure for image quality

Noise Equivalent Count Rate (NECR)



PET Performance

Resolution, Sensitivity, Scatter Fraction, Count-rate

Scatter Fraction What fraction of the data collected is scatter (bad data).
Degrades signal-to-noise.

Scatter fraction

37%

What Factors Make a Great PET Scanner?

Detector / System Geometry
Detector Scintillator Material
Detector Light Conversion Devices
Front End Electronics
Data Processing Algorithms
Applications capability
System Reliability
System Cost



**PET
Detector**

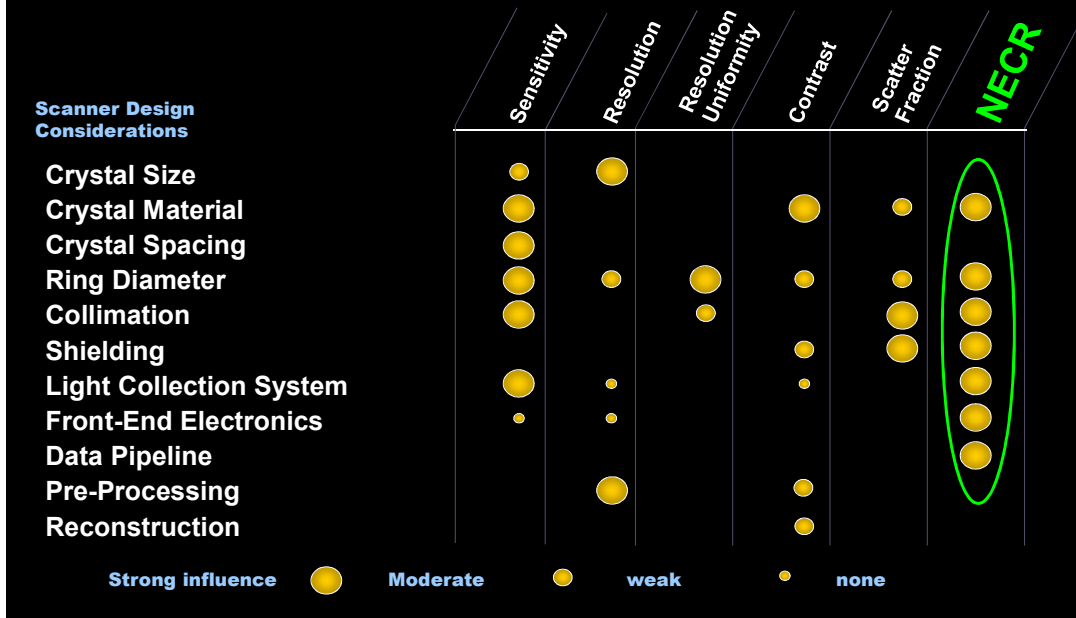
No One Single Component Determines Overall System Performance...It's the overall recipe!

Image Quality

RADIOLOGY (CT or MR)		PET or PET-CT
Signal		True Coincidences (T)
Noise		Scatter (S) + Randoms (R)
Signal to noise ratio SNR = S / N		Noise Effective Count Rate NECR = T² / (T+S+R)
Resolution <ul style="list-style-type: none"> • (CT – Defined by detector and acq technique) • MR –performance of gradient) 		Resolution <ul style="list-style-type: none"> • Defined by detector geometry

NECR and Sensitivity => Better IQ and Faster Acquisition

Optimizing on the right parameter(s)

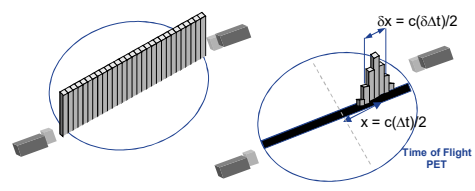


Time of Flight PET

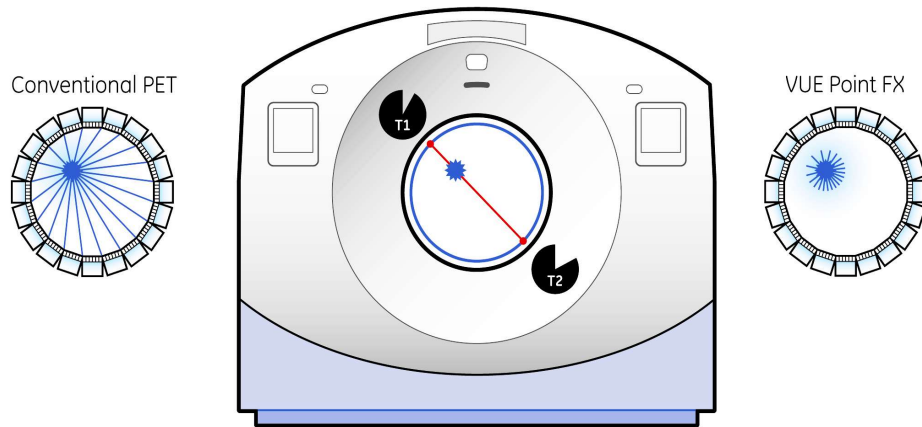
Improve confidence in diagnostic reads with Time of Flight

- Improve lesion localization
- Improve quantitative accuracy
- Enhance contrast to noise

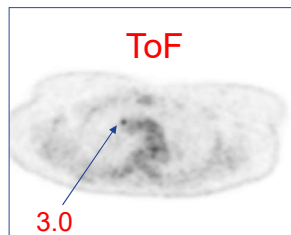
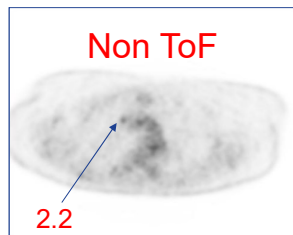
$$I_n^{j+1} = \frac{I_{(x,y,z)}}{\sum_{(u,v,\Delta t)} A_{(u,v,\Delta t)} H_{(u,v,\Delta t)}(x,y,z)} \cdot \frac{P_{(u,v,\Delta t)}}{\sum_{(x,y,z)} A_{(u,v,\Delta t)} H_{(u,v,\Delta t)}(x,y,z) + (S_{(u,v,\Delta t)} + R_{(u,v,\Delta t)})}$$



Improve confidence in diagnostic reads with Time of Flight

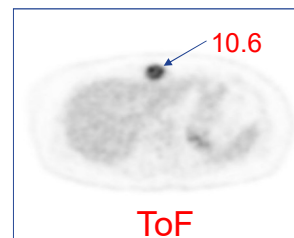
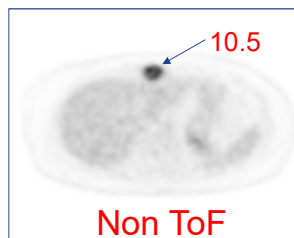


Time of Flight Clinical Images

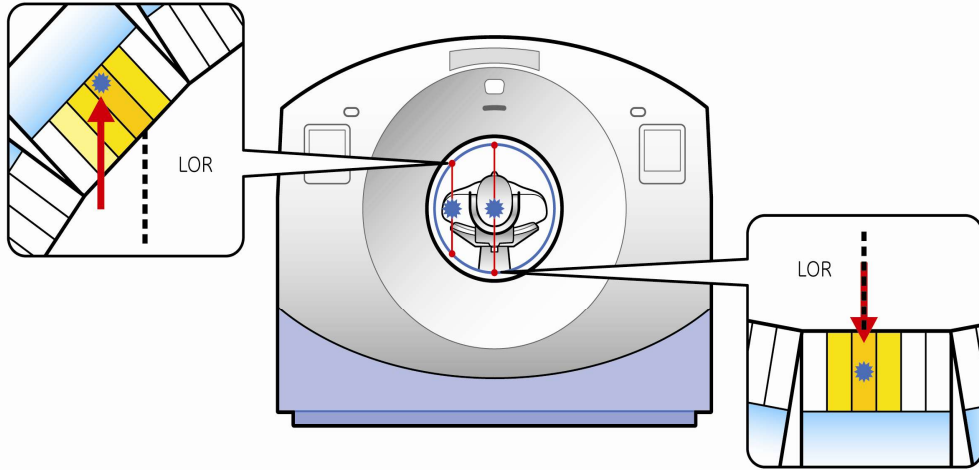


Impact on small lesions

Impact on larger lesions



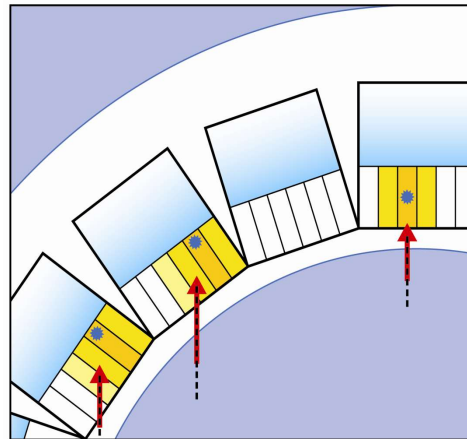
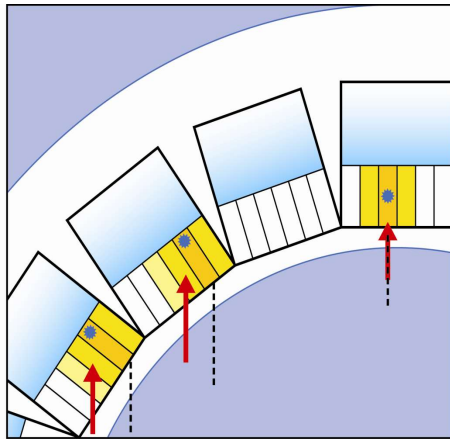
PSF modeling Improve image quality with a new detector response model



PSF Improve image quality with a new detector response model

Conventional PET

PSF modeling



SharpIR Improve image quality with a new detector response model

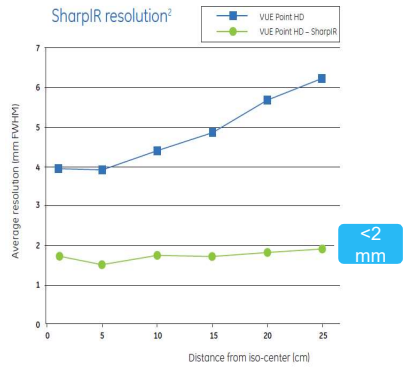


VUE Point HD



VUE Point HD + SharpIR

Contrast Recovery



Resolution Recovery

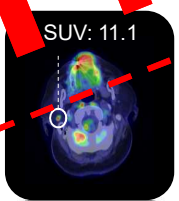
! 2mm resolution over entire FOV

What is more important in PET imaging?

Image Quality



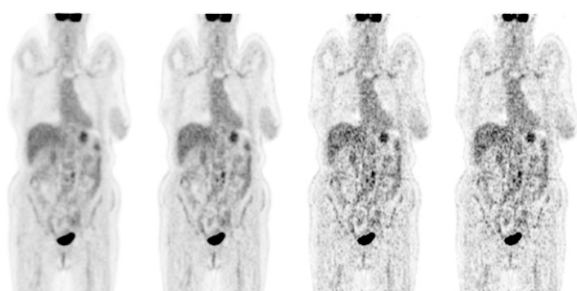
Accurate Quantitation



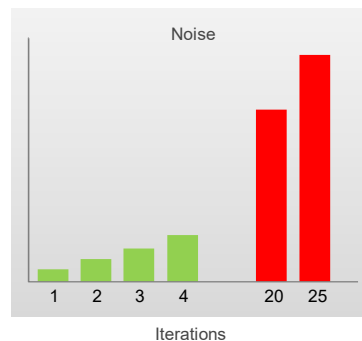
BOTH

Conventional Iterative Reconstruction

Image quality deteriorates with more than a few iterations

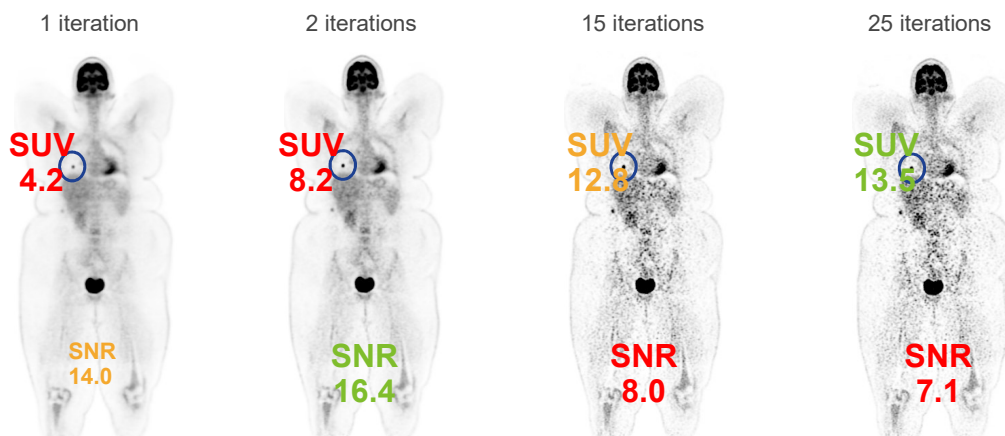


1 iteration 2 iterations 15 iterations 25 iterations



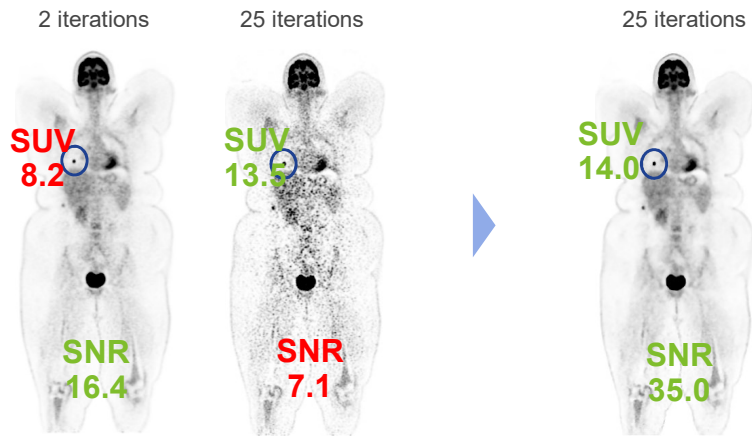
Conventional Iterative Reconstruction

Significant compromise between image quality and quantitation



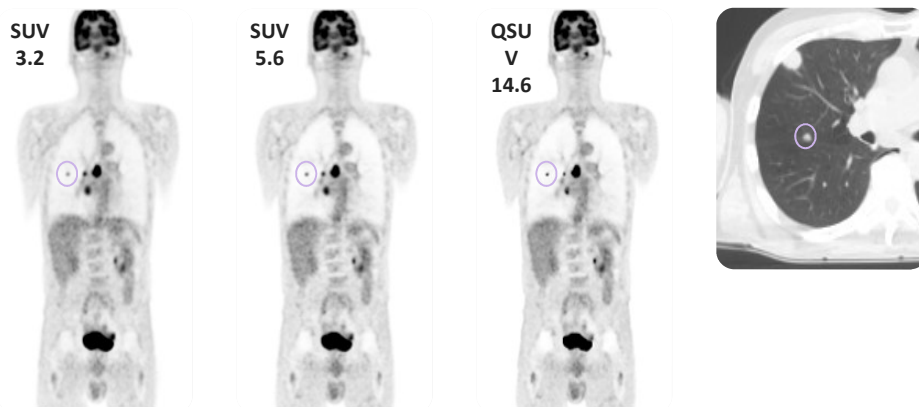
BMI : 52.5 | ROI : 15mm | OSEM: 6.4mm, TOF, PSF

Full Convergence with No Compromise



BMI : 52.5 | ROI : 15mm | OSEM: 6.4mm, TOF, PSF

Improved Visualization and Quantitation of Small Lesions



Discovery PET/CT 710 F¹⁸-FDG scan – Quantitation SUVmax (g/ml)

The Value of Quantitation for Referring Physicians

FDG uptake is now routinely reported, and is asked for by referring physicians

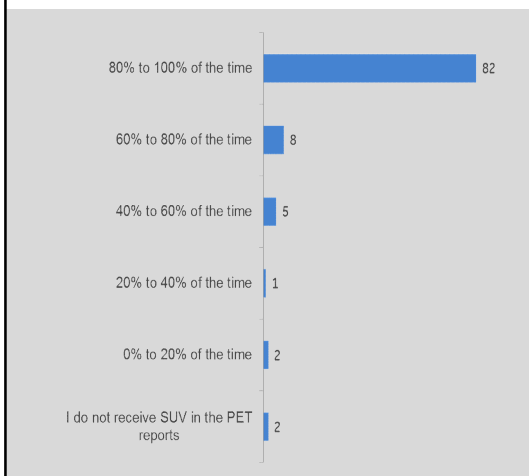
Paul Kinahan, PhD
Professor of Radiology, University of Washington

Abstract: PET/CT imaging for response monitoring in multicenter studies: an update and future challenges
<http://amos3.aapm.org/abstracts/pdf/77-22625-310436-90874.pdf>

We've asked **100**
medical
oncologists...



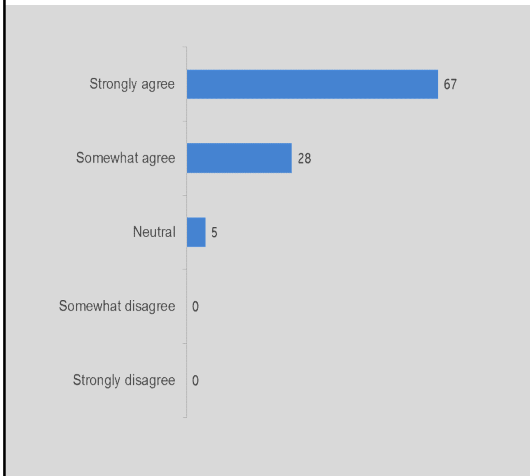
How often do you review SUV numerical data provided in PET the report?



90%
60% or more of the time

Double-blinded survey with 100 medical oncologists in the U.S.

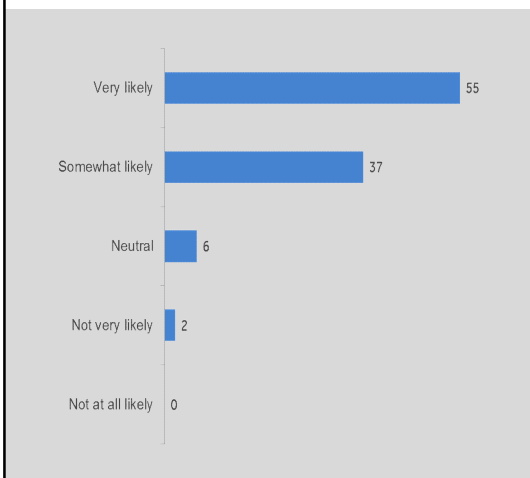
PET SUV helps me to better understand the PET findings, impressions, disease state, or disease progression



95%
agree

Double-blinded survey with 100 medical oncologists in the U.S.

If SUVs could be more accurately measured and understood, how likely this would improve clarity and conclusiveness of the PET scan?



92%
likely

Double-blinded survey with 100 medical oncologists in the U.S.

If you received a PET report without SUV information, would you contact the radiologist/NM?

“I would think it was strange if the report did not mention metabolic uptake”

“Yes, this would be a bad report”

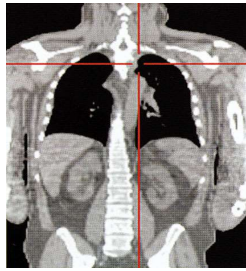
“Yes, this would concern me only since we are used to having the SUV value”



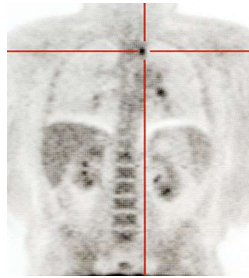
**Building a PET/CT Center
Starting From Zero...**

Mohammad Reza Ay, PhD

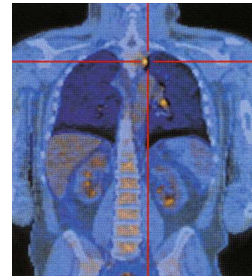
predict
diagnose
inform
treat



CT Image
« Precise Body Anatomy »



PET Images
« abnormal activity »



PET-CT Images
Abnormal activity and
precise localization

Structural Images

Geographic Map
"precise outlines of the states"



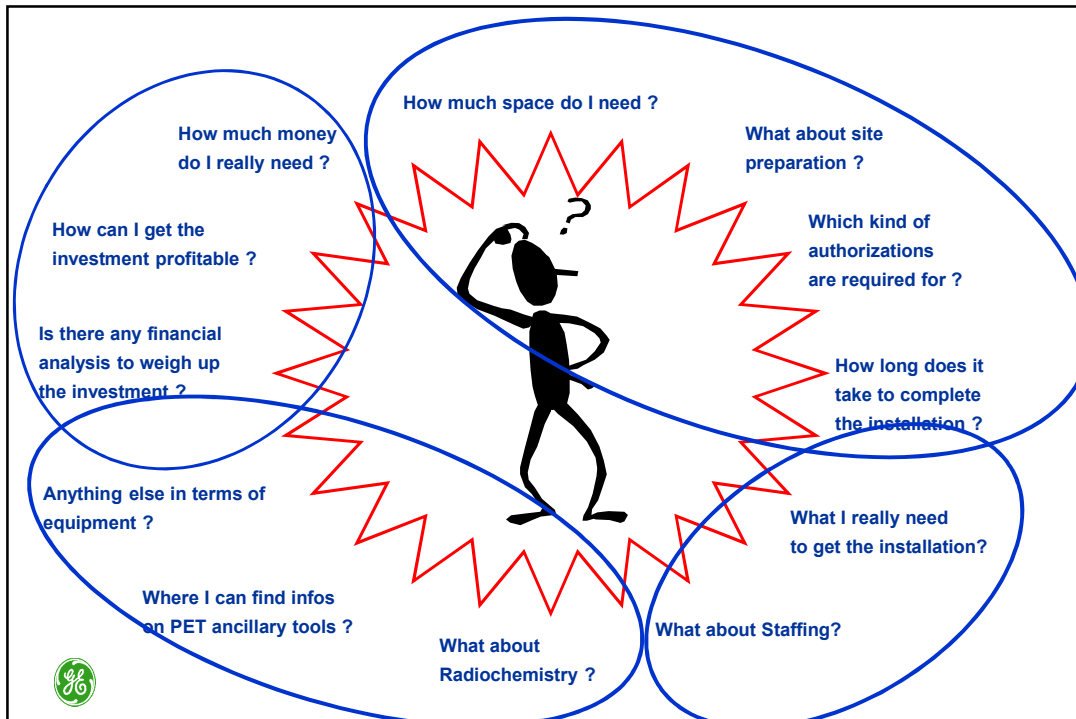
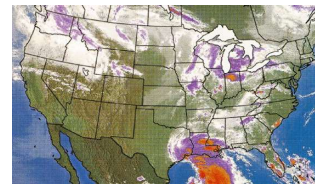
Functional Images

Weather Patterns
"intense weather activity"



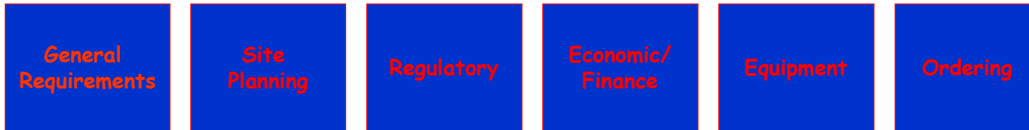
Hybrid Images

Weather MAP



Voice of the Customer:

'As starting point, we must avoid clinical awareness ...'



Clinical Benefit > Improved Patient Management (JNM, may01, scientific papers...)

Cost/Benefit Analysis > Reimbursement & Health Care Cost Savings (Feasibility Studies, meta-analysis, Reports,...)

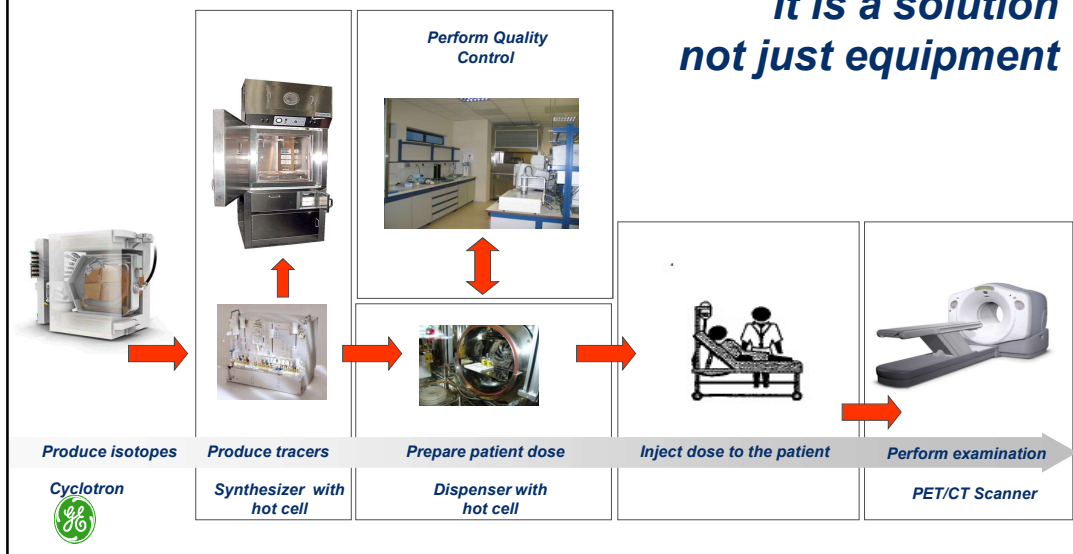
Staffing Organization (Local Regulatory, Competencies & Training)

Evolution program (Growth Plan)

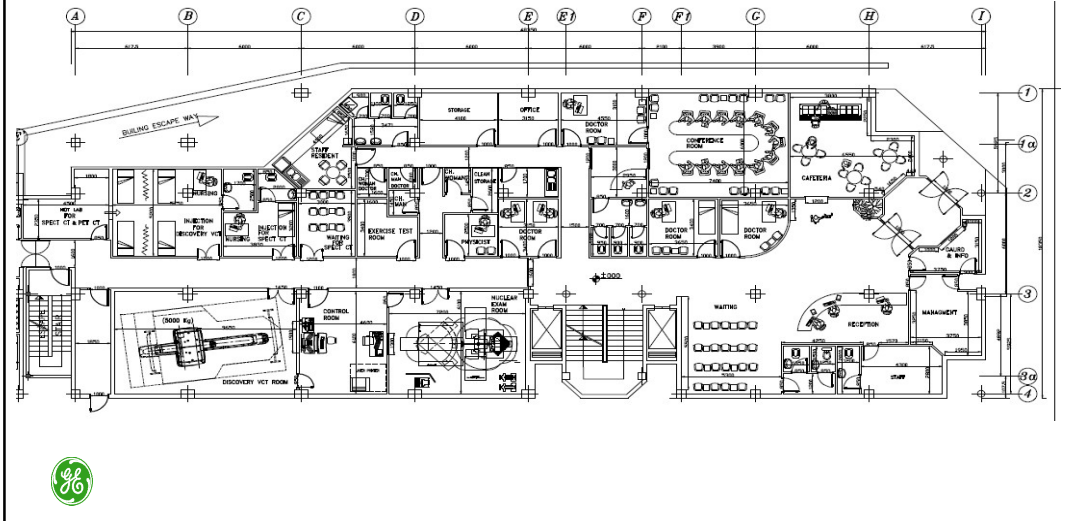


PET/CT Radiopharmacy today

*it is a solution
not just equipment*



Typical PETCT Site



PET/CT Shielding Documentation

AAPM Task Group 108: PET and PET/CT Shielding Requirements

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Thank You

Iran, Persepolis (500 Years B.C.)



**Thank You for Your Kind
Attention**